

PROGRAMME - SYDNEY

08:30 – Registration

09:00 – 10:00 | **Maternal Obesity & Breastfeeding – 1L**

Dr Karalyn McDonald

10:00 – 11:00 | **Where are the ethics? Infant feeding and the Marketing imperative of profit – 1E**

Dr Jennifer James

11:00 – 11:30 | Morning Tea

11:30 – 12:30 | **Skin to Skin – 1R**

Pinky McKay

12:30 – 13:30 | Lunch

13:30 – 14:30 | **An Update on Diabetes and Breastfeeding – 1L**

Mary Lantry

14:30 – 15:30 | **Neonatal Hypoglycaemia**

Dr Gillian Opie

- 1L

15:30 – 16:00 | **LCANZ - everything you need to know - a 'toast' to LCANZ**

Price includes: Copy of presenters' presentations; arrival refreshments; morning & afternoon teas; lunch; and 'a toast' to LCANZ.

CERPs for each session are stated above – Approval Number C21017.

Certificates of attendance and CERP's will be emailed after the end of the seminar.

SPEAKERS

JENNIFER JAMES – PhD, Grad Dip Midwifery, B Nursing, Dip Nursing, IBCLC - Senior Lecturer/course Coordinator in Midwifery and Breastfeeding & Human Lactation and Program Director for the Grad Cert in Professional Lactation Consultancy, RMIT University in Melbourne. Vice President, ALCA National Editor, ALCA *Galaxy*, Interim Board member of LCANZ and in private practice. Associate member of ISRHML.

MARY LANTRY – RN, RM, IBCLC - CMC Lactation and Parenting SSWAHS, RPA Mary has worked as a Lactation Consultant for the past 20 years and is currently at the Royal Prince Alfred Hospital, Sydney and is responsible for the lactation education and policy for 8 maternity hospitals and community health services across the area and this includes physicians and medical students. Mary has conducted IBCLE preparation courses for 19 years and has presented at many conferences, both nationally and internationally.

KARALYN McDONALD – BA, MA, PhD – Karalyn joined Mother & Child Health Research (La Trobe University) in October 2007 and has since worked on MOSAIC (MOTHERS' Advocates in the Community) a cluster randomised trial of mentor mother support and women's attitudes and experiences of breastfeeding – does maternal weight make a difference? Currently Karalyn is a team investigator on COMPASS and a Research Fellow at the Australian Research Centre in Sex, Health and Society.

PINKY MCKAY - IBCLC, CIMI (Infant massage instructor) Pinky is author of *Sleeping Like a Baby* and *100 Ways to Calm the Crying* and also offers gentle settling support and infant massage instruction.

GILLIAN OPIE – M.D., IBCLC has been a full time Neonatal Paediatrician since 1999 at the Mercy Hospital for Women in Melbourne, Australia. Part of Gillian's passion in caring for very sick and premature infants is to encourage and support mothers in providing breastmilk for their babies and has a passion for milk banking. She is a member of the editorial board of the on line International Breastfeeding Journal and a member of the American Academy of Breastfeeding Medicine. Gillian is an accredited assessor and educator for BFHI. Gillian has also worked in Toronto & Abu Dhabi and has worked with East Timorese refugees and is an ALCA Director and LCANZ Interim Board Director.

EXPRESSION OF INTEREST TO ATTEND

Name: _____

Address: _____

_____ Postcode _____

Work phone: _____

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LCANZ

c/- PO Box 10, DEAKIN WEST ACT 2600

Ph: 02 6260 3099 Fax: 02 6282 7191

Email: cec@velocitynet.com.au

**QUALITY EDUCATION FROM LCA NZ:
THE REGIONAL ILCA AFFILIATE**

Lactation Consultants Australia and New Zealand is the trans-national ILCA affiliate.

VISION

International Board Certified Lactation Consultants (IBCLCs) are health professional experts in the management of breastfeeding and human lactation. Lactation Consultants of Australia and New Zealand (LCANZ) serves as the key advisory body for health care providers and Government authorities in matters relating to breastfeeding and human lactation.

MISSION

To build and sustain a trans-national organisation which provides professional development, advocacy and peer support for all members: to commit to the empowerment of breastfeeding women and their families/whanau; to advise and make representations to relevant State and National Government authorities on issues relating to breastfeeding and human lactation and the profession of lactation consultancy.

MEMBERSHIP

Membership is open to all health professionals interested in breastfeeding & human lactation. Only IBCLCs have voting rights. Membership of LCA NZ includes subscription to Journal of Human Lactation (JHL). See Membership Application Form for full benefits.

About LCA NZ Seminars

To know more about LCA NZ seminars please tick the box below:

Yes, please add me to the mailing e-mail list

.....
(your email address)

Who Should Attend

All health professionals, and those with an interest in the topics are welcome, and encouraged to attend:

- | Nurses | Midwives | GPs |
- | Medical Registrars/ Residents
- | MCHN | CHN | Paed/neonatal nurses
- | Speech Therapists | Pharmacists | Dietitians

Groups are welcome to register – and a tax invoice will be issued to their workplace. Please provide Purchase Order details at time of registration.

Breastfeeding mothers are most welcome, but child-minding facilities cannot be provided. Those mothers who wish to bring toddlers should arrange their own child minding in an area other than the seminar room. Thank you for respecting the comfort of others.

Refund and Discount Policy

Cancellations two weeks to three days prior to commencement of seminar must be in writing.

Exceptional circumstances will be considered for explanations of non -attendance given in writing.

Substitution by another person is satisfactory, but any professional development 'points' are only allocated to the attendee.

No refunds can be offered for cancellations made three days or less prior to the commencement of the seminar.

*ILCA Members who are financial for 2010 will have their membership automatically bridged into LCA NZ, upon payment of the bridging fee, and continue to receive all current benefits associated with ILCA membership and new LCA NZ offers.

Program is correct at time of publication – the organisers reserve the right to change the program and substitute speakers should the need arise.

Local contact details:

Yvette Sheehy – 0416 282 727

Lactation Consultants
Australia & New Zealand

Obesity
Diabetes
Ethics
Skin to Skin
ODES to Breastfeeding

Saturday, 27 February 2010

**The Auditorium
Level 5
Kolling Building
Royal North Shore Hospital
Pacific Highway
St Leonards**

Complete transport & access details –
available [here](#)

Parking available multi storey car park \$22 per day or street parking a short walk.