

## PROGRAMME - LAUNCESTON

08:30 – Registration

09:00 – 10:00 | **Maternal Obesity & Breastfeeding – 1L**

Dr Lisa Amir

10.00 – 11:00 | **Where are the ethics? Infant feeding and the Marketing imperative of profit – 1E**

Dr Jennifer James

11:00 – 11:30 | Morning Tea

11:30 – 12:30 | **Skin to Skin – 1R**

Pinky McKay

12:30 – 13:30 | Lunch

13:30 – 14:30 | **An Update on Diabetes and Breastfeeding – 1L**

Andrea Radford

14:30 – 15:30 | **Neonatal Hypoglycaemia - 1L**

Dr Gillian Opie

15:30 – 16:00 | **LCANZ - everything you need to know - a 'toast' to LCANZ**

Price includes: Copy of presenters' presentations; arrival refreshments; morning & afternoon teas; lunch; and 'a toast' to LCANZ.

CERPs for each session are stated above – Approval Number C21017.

**Certificates of attendance and CERP's will be emailed after the end of the seminar.**

## SPEAKERS

**LISA AMIR** – MBBS, MMed, PhD, IBCLC. Lisa Amir is a general practitioner and lactation consultant. She works in breastfeeding medicine at The Royal Women's Hospital in Melbourne and in private practice. She is a Senior Research Fellow at Mother & Child Health Research, La Trobe University, and is the Editor-in-Chief of *International Breastfeeding Journal*.

**JENNIFER JAMES** – PhD, Grad Dip Midwifery, B Nursing, Dip Nursing, IBCLC - Senior Lecturer/course Coordinator in Midwifery and Breastfeeding & Human Lactation and Program Director for the Grad Cert in Professional Lactation Consultancy, RMIT University in Melbourne. Vice President, ALCA National Editor, ALCA *Galaxy*, Interim Board member of LCANZ and in private practice. Associate member of ISRHML.

**PINKY MCKAY** - IBCLC, CIMI (Infant massage instructor) Pinky is author of *Sleeping Like a Baby* and *100 Ways to Calm the Crying* and also offers gentle settling support and infant massage instruction.

**GILLIAN OPIE** – M.D., IBCLC has been a full time Neonatal Paediatrician since 1999 at the Mercy Hospital for Women in Melbourne, Australia. Part of Gillian's passion in caring for very sick and premature infants is to encourage and support mothers in providing breastmilk for their babies and has a passion for milk banking. She is a member of the editorial board of the on line International Breastfeeding Journal and a member of the American Academy of Breastfeeding Medicine. Gillian is an accredited assessor and educator for BFHI. Gillian has also worked in Toronto & Abu Dhabi and has worked with East Timorese refugees and is an ALCA Director and LCANZ Interim Board Director.

**ANDREA RADFORD** - RN; RM; Cert Family and Child Health Child Health Nursing; Cert Neonatal intensive care, Credentialed Diabetes Educator, B App Sc (Nsg) B Ed'n (Hons); Grad Dip Business Management; Cert Frontline Management. For the past 8 years, Andrea has been Nurse Unit Manager, Diabetes Centre, at the Launceston General Hospital. She has practiced as a diabetes Nurse educator for some 10 years working with clients from across the life continuum with all Types of diabetes. Andrea is also a midwife of far more years duration than she is willing to disclose, suffice to say however that working in the area of gestational diabetes marries 2 of her work life passions.

## EXPRESSION OF INTEREST TO ATTEND

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Work phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

**SPECIAL LAUNCH OFFER –  
Join LCANZ + attend Full Day Seminar**

(Please include your LCANZ Membership Application form) **\$180.00**  
**FULL DAY Seminar only \$ 160.00**

**ILCA 2010 Members\* –  
Bridging to LCANZ + Seminar \$50.00**

Information about payment options etc. will be emailed direct to you.

ILCA Membership No.:.....

ALCA Membership No.:.....

LC College Membership No.:.....

Form should be sent to:

**LCANZ**

c/- PO Box 10, DEAKIN WEST ACT 2600

Ph: 02 6260 3099 Fax: 02 6282 7191

Email: cec@velocitynet.com.au

## QUALITY EDUCATION FROM LCA NZ: THE REGIONAL ILCA AFFILIATE

Lactation Consultants Australia and New Zealand is the trans-national ILCA affiliate.

### VISION

International Board Certified Lactation Consultants (IBCLCs) are health professional experts in the management of breastfeeding and human lactation. Lactation Consultants of Australia and New Zealand (LCANZ) serves as the key advisory body for health care providers and Government authorities in matters relating to breastfeeding and human lactation.

### MISSION

To build and sustain a trans-national organisation which provides professional development, advocacy and peer support for all members: to commit to the empowerment of breastfeeding women and their families/whanau; to advise and make representations to relevant State and National Government authorities on issues relating to breastfeeding and human lactation and the profession of lactation consultancy.

### MEMBERSHIP

Membership is open to all health professionals interested in breastfeeding & human lactation. Only IBCLCs have voting rights. Membership of LCA NZ includes subscription to Journal of Human Lactation (JHL). See Membership Application Form for full benefits.

## About LCA NZ Seminars

To know more about LCA NZ seminars please tick the box below:

Yes, please add me to the mailing e-mail list

.....  
(your email address)

## Who Should Attend

All health professionals, and those with an interest in the topics are welcome, and encouraged to attend:

| Nurses | Midwives | GPs |  
| Medical Registrars/ Residents  
| MCHN | CHN | Paed/neonatal nurses  
| Speech Therapists | Pharmacists | Dietitians

Groups are welcome to register – and a tax invoice will be issued to their workplace. Please provide Purchase Order details at time of registration.

Breastfeeding mothers are most welcome, but child-minding facilities cannot be provided. Those mothers who wish to bring toddlers should arrange their own child minding in an area other than the seminar room. Thank you for respecting the comfort of others.

## Refund and Discount Policy

Cancellations two weeks to three days prior to commencement of seminar must be in writing.

Exceptional circumstances will be considered for explanations of non-attendance given in writing.

Substitution by another person is satisfactory, but any professional development 'points' are only allocated to the attendee.

No refunds can be offered for cancellations made three days or less prior to the commencement of the seminar.

\*ILCA Members who are financial for 2010 will have their membership automatically bridged into LCA NZ, upon payment of the bridging fee, and continue to receive all current benefits associated with ILCA membership and new LCA NZ offers. Program is correct at time of publication – the organisers reserve the right to change the program and substitute speakers should the need arise.

## Local contact details:

Jill Hanson: (ph w) 03 6348 8934  
Mobile - 0417 220 834

Lactation Consultants  
Australia & New Zealand

**O**besity  
**D**iabetes  
**E**thics

**S**kin to Skin

*ODES to Breastfeeding*

Monday, 1 March 2010

**Tailrace Centre**  
**32 Elouera Street**  
**(on West Tamar Hwy)**  
**Riverside, Launceston**

